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THANKS TO ALL FOR AN
OVERWHELMING RESPONSE
AT
DMA DOCTOR'S DAY FUNCTION

Yoga Day 2026

Delhi Medical Association (DMA) celebrated **World Yoga Day 2026** with great enthusiasm and active participation of more than 80 doctors at DMA House, New Delhi on **19th June 2026**. The event was organized at DMA to promote the importance of yoga in maintaining physical fitness, mental well-being, and a healthy lifestyle among medical professionals and their families.

Dr. Neelam Lekhi, President, Delhi Medical Association, welcomed the participants and highlighted the significance of incorporating yoga into daily life. She emphasized that doctors, who often work under stressful conditions, can greatly benefit from regular yoga practice to maintain their own health and serve society more effectively.





Dr. Neelam Lekhi
President
Delhi Medical Association

Empowering Doctors Enriching Society

Respected Seniors and Dear Esteemed Members,
Warm greetings to all.

The Delhi Medical Association recently celebrated Doctors' Day 2026 on 5th July at Hotel Le Meridien, New Delhi. Doctors' Day is more than a celebration of our profession; it is a tribute to a lifelong commitment to heal, serve, comfort, and stand beside humanity during its most vulnerable moments.

Being a doctor is far more than earning a medical degree or wearing a white coat. It is a solemn promise to place the patient first, uphold the highest ethical standards, and serve society with compassion, integrity, and courage. Every day, we witness life's most profound moments, from the first cry of a newborn to the joy of recovery and, at times, the sorrow of loss. Through each of these moments, a doctor remains a symbol of hope. Medicine is a science, but healing is also an art guided by empathy and humanity.

As we reflect on the tremendous success of our Doctors' Day Celebration, I extend my heartfelt gratitude to every member of the Organising Committee, our office bearers, branch leaders, volunteers, faculty, sponsors, delegates, staff members, and all the doctors whose dedication and teamwork made the event a memorable success. The enthusiastic participation, enriching scientific sessions, and recognition of distinguished colleagues truly reflected the strength, unity, and spirit of the Delhi Medical Association.

I also congratulate all our awardees whose exceptional contributions continue to inspire the medical fraternity. Their achievements remind us that excellence is a continuous journey of learning, innovation, dedication, and selfless service.

The medical profession is witnessing an era of remarkable transformation. Artificial intelligence, robotics, genomics, precision medicine, and digital healthcare are revolutionising patient care. Yet one truth remains unchanged: technology can support doctors, but it can never replace the human touch, empathy, wisdom, and trust that define the doctor-patient relationship.

Alongside these advances, doctors face unprecedented challenges like violence against healthcare professionals, legal complexities, professional burnout, rising public expectations, and the spread of misinformation through social media.

The increasing incidents of violence against doctors across the country are deeply disturbing and unacceptable. Every assault on a healthcare professional is an assault on the healthcare system itself. Doctors dedicate their lives to serving humanity and deserve to work in an environment that is safe, secure, and free from fear.

The Delhi Medical Association reiterates its unwavering demand for a comprehensive **Central Law for the Protection of Healthcare Professionals and Healthcare Institutions**, along with its strict and effective implementation. Such legislation must ensure swift action against perpetrators and act as a strong deterrent against violence. We shall continue to raise our collective voice until every doctor can practise with dignity, confidence, and security.

To strengthen our preparedness, DMA is constituting **Quick Response Teams (QRTs)** across Delhi. Coordinators from different DMA branches will provide immediate organisational support whenever any doctor faces violence, intimidation, or any emergency requiring collective intervention. I request every branch to actively participate in this important initiative.

Another flagship mission before us is "**Anemia Free Delhi.**" Anemia continues to affect thousands of women, adolescents, and children, impacting their health and productivity. Through awareness, screening, nutritional counselling, treatment, and follow-up, we can bring meaningful change to our society. I invite dedicated members from all branches to join this mission and help us build district-wise teams.

Equally important is our commitment to empowering society through **CPR and Basic Life Support (BLS) training**. By training students, teachers, police personnel, government employees, volunteers, and citizens, we can create communities capable of saving lives before medical help arrives. I encourage every branch to actively participate in this life-saving initiative.

I also urge every office bearer of DMA and its branches to discharge their responsibilities with sincerity, transparency, dedication, and accountability. Every contribution, however small, strengthens our Association and enhances its relevance to both our members and society.

Our strength lies in our unity. While opinions may differ, our purpose remains one i.e. to uphold the dignity of our profession, safeguard our fraternity, and serve society with compassion and excellence. With your continued support, I am confident that together we shall successfully address important issues affecting doctors, including Nursing Home Registration, PC-PNDT Act problems, Fire Safety Norms, House Tax, and many other professional concerns.

During my tenure, I aspire to strengthen DMA as an organisation that is not only the voice of doctors but also a powerful force for social transformation, one that promotes professional excellence, protects the interests of doctors, and serves the community with commitment and compassion.

I firmly believe:

"A doctor treats an individual, but an organised medical fraternity can heal society."

Let us remain united in purpose, unwavering in commitment, and compassionate in service as we continue to empower doctors and enrich society.

Long Live DMA!
With warm regards,

Branch News (Yoga Day Celebration)

IMA-Delhi North Zone Branch



IMA-Westtown Branch



IMA-Rohini Branch



IMA-East Delhi Branch



IMA-Dwarka Branch





The Secretary Scribbles...

United We Heal United We Lead.

Dear Esteemed Members

It is both an honour and a privilege to address you as the Hon. State Secretary of the Delhi Medical Association. I sincerely thank each member of the DMA family for the trust encouragement and confidence you have reposed on us. Together we will continue to strengthen the voice of doctors and uphold the dignity of our noble profession.

At the outset I extend my heartfelt congratulations to all the distinguished awardees who were honoured during the Doctors Day celebrations. Your dedication, clinical excellence, research, teaching and selfless service are an inspiration to the entire medical fraternity.

I also convey my sincere appreciation to the Office bearers, Executive Committee, Organising Committee, the experts who delivered lecture, the sponsors, every DMA member and the DMA admin staff whose tireless efforts made the Doctors Day celebration a grand success. The overwhelming participation and camaraderie witnessed at the event once again demonstrated the unity and strength of the Delhi Medical Association.

While we celebrate our achievements, we cannot ignore the serious challenges confronting the medical profession.

Violence against doctors has become an alarming reality. Doctors dedicate their lives to saving others, often under immense pressure and limited resources. Yet incidents of verbal abuse, intimidation, physical assault, and vandalism continue to threaten the safety and morale of healthcare professionals. Violence against doctors is not merely an attack on an individual it is an attack on the entire healthcare system.

DMA will continue to strongly advocate for comprehensive legal protection, effective implementation of security measures in all healthcare institutions, prompt investigation of every incident and exemplary action against those responsible. A safe doctor means safer healthcare for every citizen.

Equally concerning is the ongoing struggle of Foreign Medical Graduates (FMGs). Thousands of qualified young doctors continue to face uncertainty due to delays in internship allotment registration and administrative processes. These dedicated professionals have completed their medical education and are eager to serve the nation yet many remain unable to begin their careers.

DMA stands firmly with FMGs and urges the concerned authorities to ensure transparent and time bound solutions. India requires every competent doctor and our young graduates deserve opportunity, clarity, and justice not prolonged uncertainty.

As your Hon. State Secretary, I assure every member that DMA will remain proactive and accessible. Our priorities will include safeguarding doctors from violence, supporting private practitioners and young doctors, strengthening academic activities, addressing regulatory and medico-legal concerns, advocating for ethical and practical healthcare policies and engaging constructively with government and regulatory authorities. We will continue to work with determination to protect the interests of every member while upholding the highest standards of patient care.

The strength of DMA lies not in its office bearers alone but in every doctor who believes in unity, service, and collective progress. Let us rise above individual differences, support one another, and work together to create a safer, stronger, and more respected medical profession.

Together, we can ensure that the voice of doctors is heard, their dignity is protected, and the future of healthcare remains secure.

न झुकेंगे कठिनाइयों से, न रुकेंगे संघर्षों से,
हम चिकित्सक हैं, पहचान हमारी सेवा और साहस से।

With warm regards

Dr. Vipender Sabherwal
Hon. State Secretary
Delhi Medical Association (DMA)

10 PRIOR SURGERIES. 20 MONTHS. STILL NO RESOLUTION.

Chronic infection had destroyed the hip from within, leaving behind massive bone loss, persistent discharge, and insufficient bone surface for a conventional implant.

Then Came the 11th Surgery-
The One That Worked



SIX SPECIALISTS. ONE PLAN. ONE OUTCOME

The Team Behind the Breakthrough



Dr. Nipun Rana
Consultant
Joint Replacement Surgery



Dr. O.N. Nagi
Advisor
Joint Replacement Surgery



Dr. Atul Gogia
Senior Consultant
Medicine



Dr. Ambarish Satwik
Senior Consultant
Vascular & Endovascular Surgery



Dr. Rashmi Jain
Senior Consultant
Anaesthesiology, Pain &
Perioperative Medicine



Dr. Salil Bhargava
Consultant
Radiology

“Success lies not in rushing to replace, but in respecting the infection, planning the reconstruction meticulously, and executing it with precision.”

THE PROCEDURE & IMPACT



Infection Eradicated First

Targeted antibiotics and staged debridement until cultures were fully clear.



CT-Based 3D Mapping

Entire pelvis digitally reconstructed to model the exact anatomy of bone loss.



Custom PSI Designed

A titanium acetabular implant 3D - printed to fit one patient's anatomy precisely.



Definitive Reconstruction

Revision total hip replacement, 4 - 6 hours, with modular femoral stem and bone grafting.

At Sir Ganga Ram Hospital, a complex revision total hip reconstruction was successfully performed using a patient - specific 3D - printed titanium implant (PSI) - offering new hope in a case where conventional surgical options had been exhausted.

After multiple prior surgeries, chronic infection, and severe bone loss, a highly planned multidisciplinary approach combined infection control, advanced 3D reconstruction technology, and precision-led surgery to restore mobility and function.

This milestone reflects the future of personalised orthopaedic care - where innovation, expertise, and teamwork come together to transform lives.



Infection
Cleared



Stable
Hip



Function
Restored



No
Sinus



The Silent Struggle of Foreign Medical Graduates: A Call for Justice

For thousands of Foreign Medical Graduates (FMGs), the journey to becoming a doctor in India does not end with earning a medical degree. In fact, their real struggle often begins upon returning home.

After years of rigorous study abroad, FMGs are compelled to clear the notoriously challenging FMGE examination—an examination with one of the lowest pass percentages among medical licensing tests. Yet, even after overcoming this formidable hurdle, they are confronted with another daunting obstacle: the scarcity of internship opportunities.

Many FMGs spend months, and sometimes years, running from pillar to post in search of internship placements. The lack of a uniform national policy results in arbitrary delays, uncertainty, and immense mental distress. What should be a seamless transition into clinical training becomes a prolonged ordeal.

The situation is further aggravated by inconsistent interpretations of regulations by State Medical Councils, leading to unnecessary harassment and bureaucratic hurdles. Adding to their plight is the



glaring lack of synchronization between the directives of the Hon'ble Supreme Court, orders issued by the National Medical Commission (NMC), and the implementation practices of state hospitals.

One of the most pressing concerns remains the denial or irregular payment of stipends. Despite clear provisions and judicial pronouncements advocating

parity and fairness, many FMGs continue to work without adequate financial support, often performing duties identical to their peers.

These young doctors are not seeking favors; they are demanding fairness, dignity, and the right to train without discrimination. They have already proven their competence by clearing stringent examinations and complying with every regulatory requirement placed before them.

It is time for policymakers, regulators, and healthcare institutions to recognize the hardships faced by FMGs and establish a transparent, uniform, and humane framework for internships and stipends. India cannot afford to demoralize a talented pool of young doctors when the healthcare system itself faces an acute shortage of medical professionals.

Dr. Prakash Lalchandani

Hony. Associate Editor, DMA N/B

DMA auditorium are now available for events. Teriff of the auditorium are as follow

For PUBLIC

Plus 10000 /- Rs Security extra (refundable)

Halls	Amount	Gst (18%)	Total Amount
Both Hall	42000	7560	49560
Single Hall	27000	4860	31860
2nd Floor Hall	50000	12600	62600

For DMA MEMBERS

Plus 10000 /- Rs Security extra (refundable)

Halls	Amount	Gst (18%)	Total Amount
Both Hall	28000	5040	33040
Single Hall	18000	3240	21240
Mini Hall	6000	1080	7080
2nd Floor Hall	30000	5400	35400

President
Dr. Neelam Lekhi

Hony. State Secretary
Dr. Vipender Sabherwal

Hony. Finance Secretary
Dr. Raminder Popli

OBITUARY

DMA regrets to inform the sad and sudden demise of **Dr. Biplab Mukhopadhyay** member of IMA-South Delhi Branch.

DMA regrets to inform the sad demise of **Shri. Krishan Chandra Aggarwal** f/o **Dr. Pankaj Aggarwal** member of East Delhi Branch.

We pray almighty to give peace to the departed souls and give courage to bereaved family to bear this irreparable loss.

President
Dr. Neelam Lekhi

Hony. State Secretary
Dr. Vipender Sabherwal

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FOR ABSTRACT
SUBMISSION

Doctors Day 2026

The Delhi Medical Association (DMA) celebrated Doctors' Day 2026 with great enthusiasm, dignity, and grandeur on 5th July 2026 at Hotel Le Meridien, New Delhi.

The celebration was a resounding success, with the presence of more than 500 delegates from across Delhi-NCR. The overwhelming participation of the medical fraternity made the occasion truly memorable and reflected the unity, strength, and vibrant spirit of the Delhi Medical Association. A major highlight of the day was the excellent scientific programme featuring extremely knowledgeable and enriching lectures by leading academicians, physicians, and renowned medical experts. The distinguished faculty shared the latest developments, evidence-based practices, and valuable clinical insights, making the academic sessions highly informative and beneficial for all the delegates. The celebration was further enriched and historical by the presence of our own eminent medical leaders under one roof including, **Dr. Vinay Aggarwal**, Past National President, IMA Headquarters and Past President, DMA, and **Dr. Anil Goyal**, Hon'ble MLA from Krishna Nagar & Past President DMA and all the Past Presidents of DMA and Office Bearers of DMA and its branches. Their gracious presence, guidance, and inspiring words added immense prestige and warmth to the occasion. One of the most memorable highlights of the celebration was the grand felicitation ceremony. More than 10 distinguished medical luminaries were honoured with the prestigious "**DMA Healthcare Legend Award**" including **Dr Harsh Mahajan, Dr Malvika Sabharwal, Dr Neelam Mohan, Dr(Prof.) D S Rana, Dr Sharda Jain, Dr Anil Arora, Dr Sanjeev Gulati, Dr Praveen Bhatia, Dr Sanjay Chaudhary** in recognition of their outstanding contributions to the medical profession, healthcare, academics, and society. In addition, approximately 40 leading doctors were honoured with the "**DMA Chikitsa Gaurav Samman**" for their remarkable achievements, professional excellence, dedicated patient care, and valuable service to the community. It was a proud moment for the Delhi Medical Association to recognize and celebrate the exceptional contributions of these distinguished members of the medical fraternity. The success of an event of such magnitude is always the result of collective effort, dedication, and teamwork. I express my heartfelt thanks and deepest gratitude to our entire organizing team, especially Hony. State Secretary **Dr. Vipender Sabherwal**, Hony. Finance Secretary **Dr. Raminder Popli**; President Elect **Dr. S. K. Poddar**; Past President DMA **Dr Ajay Lekhi**, Sr Vice President **Dr. Jagdeep Chugh**, **Dr A S Popli**, **Dr Amarpreet Riar** and Doctors' Day Chairpersons **Dr Shama Batra** and **Dr. Sanjay Sood** for their tireless efforts, meticulous planning, and unwavering support. My sincere appreciation and gratitude also go to all the members of the organizing team, whose wholehearted involvement and commitment made this grand celebration possible. A very special word of thanks to all our DMA staff members for their tremendous hard work, dedication, coordination, and support behind the scenes. Their contribution was invaluable in ensuring the smooth and successful conduct of the entire programme.





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Delhi Medical Association

112th

Foundation Day Celebrations

on

Wednesday, 12th August 2026

at

DMA House, Daryaganj, New Delhi From **2:00 PM**

Programme

Flag Hoisting by State President, Dr. Neelam Lekhi

All are cordially invited

President
Dr. Neelam Lekhi

Hony. State Secretary
Dr. Vipender Sabherwal

Hony. Finance Secretary
Dr. Raminder Popli

President Elect
Dr. S.K Poddar