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Secretary's Pen.....

Dear Friends,

Greetings from Delhi Medical Association...!!!

At the outset, I would like to sincerely thank each one of you for making the **Doctors' Day** Programme a big success. For the first time, the event was held at Hotel Le-Meridien, New Delhi. The Chief Guest for the inaugural function was **Sh. Praveen Khandelwal**, Member of Parliament, Delhi, and the Guests of Honour were Dr. Anil Goyal, MLA, Krishna Nagar, Prof. Rajeev Sood, Vice Chancellor, BFUMS, and Dr. Vinay Aggarwal, Past National President, IMA.

The programme included a full-day CME and an Award Ceremony, where respected members were honoured with the **DMA Vishisht Chikitsa Ratan Award**. We thank all the faculty members, delegates, and sponsors for their support and participation.

This year, Delhi Medical Association will celebrate **111 years** of its foundation on **14th August 2025**. The association was started in 1914 by dedicated Indian doctors like Dr. Rai Sahib Attar Chand, the first Civil Surgeon General of India, **Dr. M. A. Ansari**, **Dr. S. P. Shroff**, and **Dr. Abdul Rehman**, who also played active roles in India's freedom movement. Since then, DMA has always worked towards promoting medical science, improving public health and medical education, and upholding the dignity of the medical profession.

We are happy to inform you that we are celebrating **DMA's Foundation Day** on **10th August 2025** at **India International Center, New Delhi**. Highlights of the event include the **Dr. S. K. Sen Inter-Medical College Debate Competition**, a **CME Session**, and an **Award Ceremony**. The flag hoisting ceremony will take place on 14th August at DMA House. We hope you will join us and help make the event special.

Dear friends, all office bearers of DMA are always ready to support and stand with the medical fraternity. Please feel free to reach out to any of us whenever you need help.

Dr. Satish Lamba
Hony. State Secretary, DMA

LOOKING FOR A GROOM

Tall, fair, MD (Psychiatry), South Delhi based girl, doing Sr Residency. Born in New Delhi on 10.03.1994 at 6.09 pm.

Prospective groom should be a Doctor/ CA/ Engineer with decent income preferably South Delhi based with values like mutual respect, care, progressive ideas.

Age between 31 to 36, Height 5'10" to 6'

The family is well educated, progressive and forward looking people and seeking a boy from similar background.

Please Contact
Dr. Shalini : +91 98109 02239

Report **Doctors Day**

On 1st July every year **Doctors' Day** is celebrated as a mark of remembrance towards the legendary stalwart **Dr. B.C Roy**. 1st July being the birth & death Anniversary of the late medical luminary Dr. B.C. Roy, reminds us of his exemplary dedicated services to humanity.

For the first time, DMA has organized a programme at Hotel Le-Meridien New Delhi on 6th July 2025. Member of Parliament Sh. Praveen Khandelwal graced the occasion as Chief Guest and Dr. Anil Goyal, MLA Krishna Nagar and Dr. Prof. Rajeev Sood, Vice Chancellor, BFUMS as Guests of Honour along with other distinguished dignitaries present on the occasion. While addressing the gathering, Sh. Praveen Khandelwal reminded the members about the unique and distinctive contribution of the medical profession to the society. He suggested that better communication between patients and Doctors is a key word for better Doctor-Patient relationship.

The programme started with a day-long CME. This event recognized the tireless efforts and invaluable contributions of medical professionals in improving public health. The celebration featured health awareness campaigns, medical discussions, and workshops focusing on advancements in healthcare, patient care, and medical ethics. It also highlighted the importance of doctor-patient relationships and the challenges faced by healthcare workers.

On this occasion Delhi Medical Association honoured with **Vashist Chikitsa Ratan Award** to Senior members from medical field for their outstanding contribution towards the medical profession and in the service society

Our special thanks to all the speakers, delegates and sponsors for making this event a grand success.



A NEW ERA OF TRUST AND HOPE IN CANCER CARE

Sir Ganga Ram Hospital – Comprehensive Cancer Care Centre

Our State of Art Technology



TomoTherapy Radixact™



TrueBeamSTXM



SiemensGoSim



Flexitron Brachytherapy



Hyperbaric Oxygen Therapy



PET-CT Scanner

SIR GANGA RAM HOSPITAL A LEGACY OF HEALING, A FUTURE OF HOPE

For over seven decades, Sir Ganga Ram Hospital has been a name whispered with trust in the corridors of countless homes. Founded in 1954, this institution was more than just bricks and mortar; it was a dream built on compassion, resilience, and an unwavering commitment to care. Generations have walked through its doors, not just as patients, but as family. And with every life touched, the legacy grew stronger.

From being a pioneer in multi-speciality healthcare in India to becoming a beacon for ethical medical practice, the hospital has stayed true to its founding values: care, credibility, and community. Today, as we stand at the edge of a new era, the Sir Ganga Ram Cancer Care Centre emerges not just as a new wing, but as a powerful commitment to fight cancer with cutting-edge technology and heart-centered healing.

From being a pioneer in multi-speciality healthcare in India to becoming a beacon for ethical medical practice, the hospital has stayed true to its founding values: care, credibility, and community. Today, as we stand at the edge of a new era, the Sir Ganga Ram Cancer Care Centre emerges not just as a new wing, but as a powerful commitment to fight cancer with cutting-edge technology and heart-centered healing.

A New Logo, A Renewed Promise

In this moment of transformation, we're proud to introduce our new logo, a vibrant, modern emblem that reflects our evolution and values.

The figure, with arms uplifted, symbolises hope, unity, and the human spirit, reminding us that every patient is not just a case, but a story worth fighting for. The circular form reflects the holistic approach we embrace, where technology meets empathy, and science walks hand-in-hand with the soul.

The colour palette brings together warmth and trust, the very emotions we aim to create for every individual who places their faith in us. Because while our treatments are powered by precision, it is our people, the doctors, nurses, technicians, counsellors, who bring heart to the healing.

As we step into the future with this new identity, the core remains unchanged: We are here for you. With world-class infrastructure, multidisciplinary expertise, and a legacy built on generations of trust, Sir Ganga Ram Hospital continues to stand by its eternal promise: Care that comforts. Healing that endures.



Delhi Medical Association

111th

Foundation Day Celebrations



on Sunday, 10th August 2025 from 2.00pm onwards
at
India International Centre
40, Max Mueller Marg, Lodhi Estate, New Delhi-110003

PROGRAMME

- Registration & Fellowship
- Inter College Debate competition- Topic : **"Artificial Intelligence Reduce Healthcare inequality"**
- Scientific Session
- Inauguration & Felicitation Ceremony (Winners of Debate & Essay Competition will also be awarded during the Felicitation Ceremony)
- Dinner

DR. K.K SHARMA MEMEORIAL ESSAY COMPETITION

Topic: **Medico Tourism Helps or Harms The Indian Healthcare System**

The last date for receiving the entries is 30th July, 2025

All Members of DMA are invited to participate

RULES & REGULATIONS

1. Dr. K.K. Sharma Memorial Essay Competition Award was instituted by Delhi Medical Association from the year 1981 to be awarded every year at the time of "DMA Foundation Day".
 2. Essay Competition is open to Medical students and doctors of Delhi. The essay should be between-750 to 1000 words.
- This year the topic is **"Medico Tourism Helps or Harms The Indian Healthcare System"**
3. The Entry (Essay should be in double space typed on one side of the sheet in triplicate and should be forwarded to Hony. State Secretary, Delhi Medical Association. Medical Association Road Daryaganj, New Delhi-110002 in sealed cover (This year's Last date for submission of the entry is 30th July, 2025).
 4. Decision of judges will be final.
 5. The award will constitute prizes to be given to three best entries.

President
Dr. Girish Tyagi

Chairman, Foundation Day
Dr. Rajiv Garg

Hony. State Secretary
Dr. Satish Lamba

Hony. Finance Secretary
Dr. A.S. Popli

Convener, Foundation Day
Dr. Vipul Jain

President Elect
Dr. Neelam Lekhi

EXTRA ORDINARY GENERAL BODY MEETING NOTICE

Extra ordinary general body meeting of Delhi Medical Association will be held on **Tuesday, 19th August 2025 at 2:00 PM** at DMA House, Daryaganj, New Delhi. You are requested to kindly make it convenient to attend the same.

Meeting shall be Preceded by Lunch at 1:30 PM

AGENDA:

- 1) To receive and confirm the minutes of Annual General Body Meeting held on 31st March, 2025.
- 2) To adopt the audited accounts for the preceding financial year i.e. w.e.f. 1.4.24 to 31.3.25 (to be presented by the Hony. Finance Secretary).
- 3) To appoint Auditor for the year 2025-26.
- 4) To appoint an Hony. Legal Advisor for the year 2025-26.
- 5) To sanction the budget for the ensuing financial year 2025-2026 (to be presented by the Hony. State Secretary)

Dr. Satish Lamba
Hony. State Secretary, DMA



Delhi Medical Association 111th Foundation Day Celebrations

on
Thursday, 14th August 2025
at
DMA House, Daryaganj, New Delhi From 1:00 PM
Programme
Flag Hoisting by State President, Dr. Girish Tyagi
All are cordially invited

Hony. State Secretary
Dr. Satish Lamba

Hony. Finance Secretary
Dr. A.S. Popli

President Elect
Dr. Neelam Lekhi

Chairman, Foundation Day
Dr. Rajiv Garg

Convener, Foundation Day
Dr. Vipul Jain



Redefining Healthcare: Pacific Onehealth's Patient-centric Approach

By Saket Bansal, Founder, Pacific OneHealth

In a world where healthcare often feels like a transaction, what if care could feel like compassion again? Where infrastructure meets empathy, and innovation doesn't come at the cost of personal connection?

This is not just a question. It is the promise that Pacific OneHealth is built upon.

As India's cities grow and healthcare systems strain under demand and complexity, we at Pacific OneHealth believe it's time to ask: *Are we treating the patient or just the illness?* The future of care must be integrated, accessible, and deeply human. And we are here to create that future — by design, not default.

Building a patient-first ecosystem with purpose

Healthcare is no longer about just curing. It's about caring — consistently, accessibly, and with dignity. **Pacific OneHealth** has been conceptualised to bridge the long-standing gap between impersonal hospital chains and isolated neighbourhood clinics. Our integrated model brings together preventive, primary, day care, and advanced secondary care under one roof — a patient-first, community-rooted solution for urban India.

We are not building hospitals. We are building trust. Our upcoming centres — in Dwarka, Lajpat Nagar, New Rohtak Road, and SIDC Anand Vihar — are envisioned as healthcare hubs for the people, near the people. With 90+ IPD beds, modular OTs, state-of-the-art ICUs, diagnostics, pharmacy, OPD, and preventive health units, each centre is an anchor point for personalised, dignified, and world-class care.

Empowering doctors; Humanising systems

While the patient is at the heart of everything we do, doctors are the backbone of quality care — and sadly, often the most constrained stakeholders in today's healthcare system. At Pacific OneHealth, we are committed to enabling clinicians to thrive, not just survive.

We are creating a platform where doctors can reclaim clinical autonomy, contribute to ethical care models, and experience renewed purpose — free from rigid hierarchies and transactional pressure. Our environment is designed to elevate both patient experience and medical excellence through collaboration, respect, and shared ownership.

More than healthcare — A movement for wellness

This initiative is not just about launching medical centres. It's about reimagining the care experience in India's urban landscape. Our long-term vision is to make Pacific OneHealth a national benchmark in how accessible, affordable, and compassionate healthcare should be delivered in the modern age.

We are equally invested in preventive awareness, early detection, and continuity of care — creating healthier communities through proactive rather than reactive models. Whether it's a screening camp, a follow-up call, or a well-being session — we are with the patient at every step.

A new era begins

As we prepare to open our doors in January 2026, we are guided by a simple yet powerful belief: good healthcare is not a privilege — it is a partnership. At Pacific OneHealth, we're not just building a network, but shaping a new narrative — one where clinical excellence, compassionate care, and community trust come together to create a system truly worthy of the people it serves.

We invite the medical fraternity, policy leaders, and citizens to join us in this journey — to heal not just bodies, but also the trust that often gets lost in today's healthcare experience. With the right intent, strong leadership, and the trust of the community, Pacific OneHealth is ready to define a new era — where healthcare is not just medical, but deeply personal.

DELHI MEDICAL ASSOCIATION

BALANCE SHEET AS AT 31ST MARCH 2025

(Amount in Rs.)

	Particulars	Schedule	31 -03 -2025	31 -03 -2024
I	SOURCES OF FUNDS			
1	<u>NPO Funds</u>			
(a)	Unrestricted Funds	U	3,12,41,913	2,36,66,947
(b)	Restricted Funds		-	-
			3,12,41,913	2,36,66,947
2	<u>Non -current liabilities</u>			
(a)	Long -term borrowings - Building	D	41,53,738	50,15,206
(b)	Other long -term liabilities		-	-
(c)	Long -term provisions		-	-
			41,53,738	50,15,206
3	<u>Current Liabilities</u>			
(a)	Short -term borrowings		-	-
(b)	Other current liabilities		-	-
	DMA General	M	35,67,685	37,59,111
	DMA Building	D	1,46,727	1,46,727
	N/H Other Liabilities	G	6,89,616	7,81,980
(c)	Short -term provisions		-	-
			44,04,027	46,87,818
	-			
		TOTAL	3,97,99,679	3,33,69,970

II	APPLICATION OF FUNDS			
1	Non-current assets			
(a)	<u>Property, Plant and Equipment and Intangible assets</u>	R		
(i)	Property, Plant and Equipment			
	Delhi Medical Asso. (General)		4,30,393	5,20,866
	Building Fund		44,68,632	26,73,729
	Nursing Home Forum		75,814	89,046
(b)	<u>Non-current investments</u>			
	Delhi Medical Asso. (General)	A	57,750	33,47,162
	Membership Welfare Fund	I	34,47,271	32,28,822
	IMA AMS (DSC)	B	15,96,456	15,14,516
	IMA CGP (DSF)	C	2,87,164	2,74,473
	Building Fund	D	6,89,947	36,357
	Specific Funds	E	17,63,941	16,96,708
	Staff Gratuity Funds	F	7,28,222	6,18,524
	Staff Leave Encashment Funds	J	4,64,579	2,53,151
	Nursing Home Forum Funds	G	4,29,972	1,53,300
	Life Membership Fund	H	95,51,273	95,51,273
(c)	Long Term Loans and Advances		-	-
(d)	Other noncurrent assets		-	-
			2,39,91,414	2,39,57,927
2	<u>Current Assets and Other Current Assets</u>			
(a)	Delhi Medical Asso. (General)	K & L	1,56,58,265	92,62,043
(b)	Nursing Home Forum	G	1,50,000	1,50,000
			1,58,08,265	94,12,043
		TOTAL	3,97,99,679	3,33,69,970

For Manoj Garg & Associates
Chartered Accountants
Firm Regn. No.: 009684N

Dr. Alok Bhandari
President

Dr. Prakash Lalchanda
Hony. State Secretary

Dr. Satish Lamba
Hony. Fin. Secretary

DELHI MEDICAL ASSOCIATION
STATEMENT OF INCOME & EXPENDITURE FOR THE YEAR ENDED 31ST MARCH 2025

(Amount in Rs.)

	Particulars	Annexure	31.03.2025	31.03.2024
I	Income			
	Other Income			
	IMA AMS (DSC)	2	81,940	79,092
	IMA CGP (DSF)	3	12,691	16,183
	DMA Membership Welfare Fund	7	2,18,451	77,956
	DMA Staff Earned leave Encashment fund	8	6,039	84
	DMA Staff Gratuity Fund	5	17,872	21,306
	DMA (Building)	4	1,09,55,176	21,46,186
	DMA (Nursing Home Forum)	6	4,96,251	8,71,131
	Delhi Medical Asso.(General)	1	2,14,81,038	1,82,00,198
II	Total Income (II)		3,32,69,457	2,14,12,136
III	Expenses:			
	IMA AMS (DSC)	2	-	2
	IMA CGP (DSF)	3	-	-
	DMA Membership Welfare Fund	7	2	144
	DMA Staff Earned leave Encashment fund	8	-	-
	DMA Staff Gratuity Fund	5	-	6,00,000
	DMA (Building)	4	98,67,280	22,44,325
	DMA (Nursing Home Forum)	6	7,24,447	23,31,212
	Delhi Medical Association (General)	1	1,71,23,626	1,87,96,170
(III)	Total expenses		2,77,15,354	2,39,71,853
(IV)	Surplus (Deficit) of Income over Expenditure for the year before exceptional and extraordinary items (II - III)		55,54,103	(25,59,717)
(V)	Exceptional Items		-	-
(VI)	Surplus (Deficit) of Income over Expenditure for the year before extraordinary items (IV -V)		55,54,103	(25,59,717)
(VII)	Extraordinary Items		-	-
(VIII)	Surplus (Deficit) of Income over Expenditure for the year (VI -VII)		55,54,103	(25,59,717)
	Appropriations Transfer to funds		-	-
	Transfer to General Fund :		-	-
	<u>Surplus / (Deficit) of Income</u>			
	IMA AMS (DSC)		81,940	79,090
	IMA CGP (DSF)		12,691	16,183
	DMA Membership Welfare Fund		2,18,449	77,812
	DMA Staff Earned leave Encashment fund		6,039	84
	DMA Staff Gratuity Fund		17,872	(5,78,694)
	DMA Building		10,87,896	(98,139)
	DMA Nursing Home Forum		(2,28,196)	(14,60,081)
	Delhi Medical Asso. (General)		43,57,412	(5,95,972)
			55,54,103	(25,59,717)

For Manoj Garg & Associates
Chartered Accountants
Firm Regn. No.: 009684N

Dr. Alok Bhandari
President

Dr. Prakash Lalchanda
Hony. State Secretary

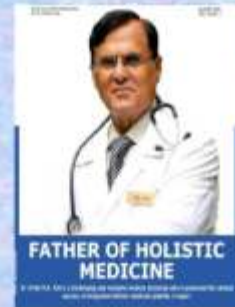
Dr. Satish Lamba
Hony. Fin. Secretary



सर्वे सन्तु: निरामया:

"SHOHAM"

The International Centre for Holistic Medicare
D-959, New Friends Colony, New Delhi, INDIA
www.holistic-medicare.net; tuli.rk@gmail.com



FATHER OF HOLISTIC MEDICINE

MISSION

सर्वे भवन्तु सुखिनः सर्वे सन्तु निरामयाः
May All Be Happy & May All Be Healthy

Dedicated to Promotion of Positive Health and Total Wellness 'Body-Mind-Spirit', and the CURE Of conventionally incurable ailments, as far as possible, by drug-free complement of traditional means

INDICATIONS FOR HOLISTIC MEDICARE

PAIN: Headache, Migraine, Neuralgias, Neuropathy, Fibro-Myalgias, Trauma, Phantom Pains, Etc.
PALLIATIVE CARE: Incurable or Terminal Sickness, Cancer, Incurable PAIN, Etc.
PARALYSIS: Cerebral Palsy, Trauma, Polio - PPRP, Stroke, Neuropathy, Etc.
PSYCHOSOMATIC DISORDERS: Stress, Anxiety, Depression, Psychosis, Chronic Fatigue, Etc.
AUTOIMMUNE DISORDERS: Rhtd, Arthritis, Nephritis, Thyroiditis, Type-I Diabetes, SLE, Etc.
ASTHMA - ECZEMA- ALLERGY - HYPERSENSITIVITY
DEGENERATIVE DISEASES: Arthritis, Spondylosis, Disc Disease, Dementia: Parkinson's / Alzheimer, Etc.
ATHEROSCLEROSIS: HTN, CAD, PVD, Post-PTCA or CABG, Vasculopathy, Gangrene, Etc.
METABOLIC & HORMONAL DISORDERS: Obesity Dyslipidaemia Uncontrolled Diabetes M, Gout, Etc.
Menstrual or Menopausal Disturbances, Menorrhagia, Endometriosis, PCOD, Infertility: Failed ART/IVF, Etc.
SUBSTANCE ABUSE - ADDICTIONS or DEPENDENCE: Tobacco, Alcohol, Drugs, Etc.
IMMUNITY & RESISTANT INFECTIONS: PUO, Virus - HIV / AIDS, Hepatitis, MDR-Microbes / TB, Etc.
ANTI-AGING & COSMETIC MEDICINE: FEEL GOOD - LOOK GOOD - SEXUAL HEALTH

"Earlier the Better"

IT'S ADAPTABLE, PREDICTABLE, REPRODUCIBLE, SUSTAINABLE & AFFORDABLE TOO

Holistic Medicine Enables The Objective Of Being A Complete Physician

TESTAMENTS TO HOLISTIC MEDICINE



Dr. SHANTI TALWAR
Fmr Director Professor
Paediatric Surgeon
Maulana Azad Med College
Emeritus Consultant
Apollo Hospitals

Dr. SHANTI TALWAR, The President of India awarded Sr. Consultant Paediatric Surgeon at Apollo Hospitals and former Director Professor at Maulana Azad College, New Delhi, went to submit her resignation from her job early in the year 2000 due to FAILED treatment of her **CHRONIC PROGRESSIVE INTERSTITIAL LUNG FIBROSIS (ILD)** leading to falling health, **BREATHLESSNESS** on Mild Exertion and **EXTREME FATIGUE**, in spite of advice from experts in U.K & U.S.A. through global network of her students. She accepted the advice of Apollo Director of Medical services (DMS), Maj. Gen. B. M Aiyanna to TRY Holistic Medicine therapy available at the same hospital, then, Dr. Talwar felt fully CURED as endorsed by her in her written Testimonial after 4 months of spaced drug-free complementary Holistic Medicine therapy, whereby she endorses the role of "**Life-Force**" - initially stated by Hippocrates - in restoration of **Total Wellness**. She remained active for more than two decades and excellence in uninterrupted service earned her the title of **EMERITUS CONSULTANT** at the Apollo. The model of her recovery from such end-stage conventionally incurable ailment and excellent restoration of health could trigger a wave of replication and save millions of people suffering and dying due to respiratory and other ailments.

Mr. C.D.D. Reddy, Fmr. Managing Director Apollo Hospital, Ahmedabad states, "The collapse of L4-L5 Vertebrae led to Nerve Roots Compression & Lumbar Canal Stenosis causing Disabling **PAIN & WEAKNESS** in Both Legs. It was operated by a world renowned surgeon from U.K. But, it didn't give me any relief and I chose for **HOLISTIC MEDICINE** therapy by Dr. R. K. Tuli, which gave me gratifying relief within a few days enabling to take my care with his prescribed **YOGA** activities.

CONTACT: WA 9873474787 / 9811224787 / tuli.rk@gmail.com